**Attention**

**When using the Sports Facilities, please do the following:**

1. Check your Health

○ If you have a fever or other cold-like symptoms, please refrain from using the facilities

② Maintain proper distancing

○ In order to prevent the spread of infection, try to stay away from other people, with the exception of helpers and trainers

③ Prevention while at the facility

○ Frequently wash your hands and disinfect your hands and fingers with alcohol, etc.

○ No chatting or gathering for long periods before/after activities

**Niigata City Culture and Sports Department, Sports Promotion Division**